Happy Fall Term!

It has been just over four weeks since fall term began at Oregon State University and we have some tips, updates, and resources in this newsletter to help you support your student! We will plan to send this newsletter every four to six weeks for your student's first year with us! If you know someone who would like to receive this newsletter, please invite them to sign up here:

https://beav.es/5GW

Fall Family Weekend is just around the corner! Join us November 11th - 13th for a weekend full of interactive events for you to enjoy with your loved ones. This should be a weekend for you to reconnect with your student, explore campus, and allow your student to show you who they are growing to be. You can choose to attend everything or nothing, it's up to you! If you'd like to join in some events, check out what we have planned. We have linked our Parent and Family Calendar and Handbook below, as well as highlighted a few upcoming dates that are important.

We hope to see or hear from you soon!

Melissa Morgan
Director of Office of Student Orientation

Fall Family Weekend Schedule
Upcoming Academic Calendar

Dates

- November 11th - Veteran’s Day (no classes)
- November 10th - Last day to withdraw from a course (no refunds available)
- November 24th-25th - Thanksgiving Holiday (no classes)
- December 2nd - Last day to withdraw from the term
- December 5th-9th - Finals Week
- December 15 - Grades available online
- January 9th - Winter term class begin

Upcoming Student Account Due Dates

- November 11 - Registration hold applied to students with an account balance overdue or greater than $2200
- November 1 - Bills from previous month due

Fall Family Weekend

Join your student for weekend of November 11th - 13th for various types of activities!

- Reactor Tour 10am - 11am Friday Nov. 11th
- Free Recreational sports / Workout of the Week classes
- Mens Basketball OSU vs. Florida A&M (get tickets here)
- OSU vs. Cal Football game (get tickets here)
- Craft Center Activities
- Paws n’ Painting
- Take a walk around our local Saturday market

The schedule for Fall family Weekend is being finalized, until then, please feel free to go this link to check out some of the events that are happening November 11th - 13th
Hello Parents, Family, Friends, and Supports! During the first few weeks of the term, the Academic Success Center (ASC) team enjoys many conversations with students about settling into the rhythm of academic life at OSU. At this point, students are often adjusting their time management process, study habits, and routines, and many are exploring and accessing new resources. Knowing that you all may be having similar conversations with the students you support, we wanted to share some of our favorite questions to prompt reflection and discussion:

Tell me about your classes! What are you noticing? How are you preparing for exams? As students transition into college-level learning, their learning strategies will likely need to adapt or change. In Academic Coaching and our ALS 116: Academic Success class, as well as our Improve Performance content online, we share how memory works and offer learning activities that will support students’ understanding, memory and retrieval of course material for exams. Adopting active studying techniques can contribute to more efficient and effective study sessions, which can help reduce stress.

What resources have you tried? One thing we do at the ASC is help students find resources. Two of our more common referrals early in the term are to the Writing Center for support with writing and research tasks and to study groups. If a course is supported by Supplemental Instruction, students can register for an SI table, but a lot of students create their own study groups with classmates, too. And, if students haven’t visited faculty office hours yet, we can’t emphasize enough the value of connecting with their instructors!

If students are ever unsure where to go or who to connect with, please refer them to the ASC! We’re in Waldo Hall 125 for drop-in consults, Monday through Friday, from 9 a.m. to 5 p.m. Students can also connect with us via live chat, phone (541-737-2272), or email. We can’t wait to meet them!

Oregon State University Alumni (OSUAA) Association Parent and Family Programs

We recognize that there is A LOT of news and information coming your way. OSUAA's Parent and Family Program is here to help by keeping you informed, engaged and connected to other OSU parents and families during each step of your student’s journey. We strongly believe that your support and involvement (from near and far) helps your student learn, live and thrive during their time at OSU! I’m looking forward to meeting many of you during Fall Family Weekend, Nov. 11-13, 2022. Before the OSU vs Cal football game on Saturday, November 12, we will host the first Family Social and Parent and Family Council meeting (in-person and streaming option) of the year. FREE for current parents, family members and their
It's not too late to sign up for the Parent and Family Council. Become a member of the council this fall and join fellow proud Beaver parents/family members in promoting and supporting OSU resources and activities that drive student success. OSUAA's Parent and Family Program team is invested in partnering with you to help your student(s) thrive and succeed during their time at OSU.

Warm regards and GO BEAVS!

Julie Schwartz
Senior Director, Parent and Family Engagement Program
OSU Alumni Association

We hope you enjoyed this newsletter. Drop us a line and let us know what you liked from this issue and any ideas of what you'd like to see in the November/December issue!