

PARENT & FAMILY HANDBOOK | 2023-24



Oregon State
University

Welcome to the OSU Community

Dear families and supporters,

We are so glad to have you with us for START orientation as your student begins their OSU journey. This handbook contains our best advice for easing this transitional period in your life and some tips based on questions we receive frequently.

We are officially “leaving” the pandemic behind us this year, but you know as well as I do the scars it has left on our students and the ways in which their learning was interrupted. Not just academic learning, but also critical social and emotional learning, like teamwork, meeting new people, and how to work through anxiety. As your student begins their transition to Oregon State, take a moment to reflect on how their academic journey was impacted by the pandemic and what changes you’ve seen in them as we’ve returned to a version of “normal.”

A book that I’ve found helpful as a guide to working with students for the past few years is titled “Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others” by Connie Burk and Laura van Dernoot Lipsky. While it was written in 2009, it has a new meaning after experiencing the last few years of impactful change. See if your local library has a copy you can peruse, but I’ll share a few things from that book that have helped me guide students through this global pandemic.

1. Trauma happens to us, around us, and peripherally to us all, impacting how our brains function in times of stress. Remind your student to practice self-compassion and give themselves time to adjust to this new environment, especially after virtual classes, hybrid classes, in-person classes with masks, and so many other variations of education from 2020 through to now.
2. You may notice trauma exposure show up with your student’s responses to new things, such as anger, fear, guilt or hypervigilance. All of these responses are entirely normal to feel, and you can help your student by listening non-judgmentally and bringing them back to their reasons for wanting to go to Oregon State and college in general. Perhaps they were excited about doing research in their major or learning more about what interests them overall — focusing on what drives them will help make some of their trauma responses easier to manage.
3. Many students have experienced avoidance, lack of focus, social anxiety, exhaustion and even shock over the past few years. This could show up as not attending classes, avoiding homework, dismissing peers and not remembering how to talk to people in person. It’s important to gently encourage your student to give the task before them a try, even if it is hard or they need some extra support to do it. Engaging in experiential learning (like clubs, sports or jobs) is a helpful way to ease back into a routine and find purpose, structure and victories.

We are committed to supporting you and your student through this transition and offer this handbook as a place to take notes today and throughout your transition. We hope it gives you some things to think through, talk to your student about, and helps you make plans to support your student’s success at OSU. We’re excited to be on the journey with you.

In gratitude,

Melissa Morgan
Director of Office of Student Orientation

Supporting Your Student



Your student is beginning one of life's most rewarding journeys and you will also experience new feelings and face new challenges as your student establishes independence.

- + Remember that stress and a certain amount of anxiety are typical for students to experience. Your student may experience mood changes or irresponsible behavior, but rest assured, they are in a transition phase.
- + Empower your student to solve their problems. They will turn to you for support, which is great! Aim to guide them, not give them the answers. Rather than express your opinion, or talk about what you would do, ask open-ended questions and help them find their own solution.
- + Listen openly, honestly and without judgment.
- + A certain amount of homesickness is expected for most students.
- + Encourage your student to stay on campus or in Corvallis on the weekends. This will help them to build a social network and succeed in their new home.
- + Remind your student that it is natural to have doubts about their major or how they will adapt. Remind them that you trust them and that they can make the right choice for them.
- + Give your student time to map out their career path and try new things.
- + Support your student's exploration of potential jobs and career fields.
- + Encourage your student to pursue experiences outside of the classroom to help in their exploration, including volunteering, undergraduate research, clubs or organizations.
- + Remain open if your student decides to major in something other than what you wanted for them.

Understanding FERPA

What is FERPA?

The Federal Family Educational Rights and Privacy Act (FERPA), along with Oregon state law and administrative rules, gives students certain rights concerning their educational records and requires colleges and universities to protect the confidentiality of a student's academic record. Protected records include, but are not limited to, transcripts, grades, conduct records, housing information, advising information/academic planning, class schedules, student accounts and financial aid information.

What about parental access?

- + It may be a shift for your family, but our default at Oregon State is that your student's records belong to your student alone. You may be used to seeing academic information in Canvas, sharing a password with your student, and speaking on their behalf about finances. At Oregon State, your student will have to opt-in to share any of that information with you and you will have your own password.
- + According to federal and state law, parents may request information from their student's records only with the student's written consent. Students may complete the FERPA Student Consent to Release Information form available online at registrar.oregonstate.edu/access-to-your-records to share financial aid, student account and course registration data. There are separate forms for University Housing & Dining Services, Student Conduct & Community Standards and Student Health Services to permit sharing of information with your student's consent. Students have access to their grades online via Beaver Hub a few days after the end of the term.

Billing and Finances



Where should students start?

- + Students must complete a financial services agreement outlining the billing account's rights and responsibilities when they login to MyBill (mybill.oregonstate.edu).
- + Sign up for a direct deposit for secure refund payments via MyOregonState (my.oregonstate.edu).

What are our payment options?

eCheck — mybill.oregonstate.edu

- + Free
- + An authorized user can pay the bill

Credit Card — mybill.oregonstate.edu

- + All major credit card types accepted
- + A 1% transaction fee is charged with a minimum of \$3.0 fee

Check — Multiple ways to pay

- + By mail:
Mailing address:
OSU Attention Cashiers Office
PO BOX 1086
Corvallis, OR 97339-1086
please include the student's name and ID# on any mailed payments
- + In person at the Cashier's Office
- + Dropbox in Kerr Cash

Payment plans

Payment plans are available for current students.

- + The payment plan options can be found by going to mybill.oregonstate.edu and clicking on "Login with ONID". Students will need their OSU username and password.
- + Once logged in click on the "Payment Plans" tab on the top of the screen, and select 'Current/ATD term' from the

dropdown. The payment plan options will be listed, and you are able to choose the option that works best for your family.

- + Students and their authorized users have the ability to enroll in payment plans. By enrolling in a payment plan and staying current on their payments, students are able to register for future terms even if their balance exceeds the registration threshold.

Can someone else pay an Oregon State student's bill?

Students may add an authorized user by logging into their account at mybill.oregonstate.edu.

- + After the student adds a new authorized user, an email will be sent prompting the new user to create a login for "Pay My Bill."
- + As an authorized user, each time an eBill is processed, you will receive an email notification that it is ready to view.
- + Authorized users can log in and view, print or make payments via eCheck.
More information:
fa.oregonstate.edu/welcome-parents.

Additional questions?

Contact Student Account Services

- + studentaccounts@oregonstate.edu
- + 541-737-3775
- + fa.oregonstate.edu/controllers-unit/student-accounts
- + Kerr Administration Building, first floor

Contact Financial Aid

- + financial.aid@oregonstate.edu
- + 541-737-2241
- + financialaid.oregonstate.edu
- + 218 Kerr Administration Building

Transitioning to OSU

College life comes with new expectations and challenges. Here are some things to keep in mind in order to best support your student during their transition!

Sense of time

The pace of courses at Oregon State might be different than what your student is used to. At OSU, each term is 10 weeks (instead of 16 weeks at a semester school). It can be easy to get behind, and any challenging circumstance can amplify this (for example, getting sick, missing class, or recovering from a low grade). Students may not know how they are performing in any one class until four or five weeks remain in the term. However, the quarter system does allow for more courses each year and can provide greater variety throughout a student's time at Oregon State.

Faculty interactions

Time with faculty will likely be different than what your student previously experienced. In most cases, students will not see their faculty every day, students may see faculty one to three times per week. Classes are typically larger and focused on content delivery instead of relationship building. The expectation at Oregon State is that most learning is student-driven and takes place outside of the classroom. Building a relationship with faculty may feel intimidating, but most faculty are approachable and value student interactions. It's recommended that students attend faculty office hours in order to ask questions and build relationships.

Exploration is encouraged

Your student will be exposed to new ideas, courses, faculty, and friends during their time at OSU. Students are expanding their sense of agency and connecting their choices to outcomes. Exploration doesn't mean that your student isn't taking college seriously or that they will be delayed in graduating. It can mean that your student is being purposeful, keeping an open mind, and considering different pathways.

Seeking help is a skill set

Some students are slow to seek help because they associate the idea of getting help with failing. In reality, most successful students often seek guidance. Looking for support demonstrates maturity and a willingness to reflect on one's experiences. Encourage your student to utilize all of their resources and seek assistance early and often, since they've already pre-paid for all of these resources as part of their tuition and fees.

Academic Transition

Making the academic transition to OSU often comes with a bit of an adjustment. For most students, there are significant differences between OSU and their prior learning environment and it's not uncommon to experience a culture shift and learning curve in the first few terms. Fortunately, there are lots of OSU resources and people excited to support students during this time of transition. Oregon State expects students to engage in proactive strategies, such as reflection and outreach to faculty, as part of their transition to this learning environment. You can support your student and encourage their reflection by remaining curious yourself and asking open ended questions.

What can students do?

- + Be proactive about creating a planning and organizational strategy. This might take some practice and trial-and-error. If folks are looking for tools to try, they can visit the ¹[Time Management Toolbox](#) for ideas.
- + Visit faculty members at least once per month during office hours. If they're not sure how to approach this conversation/interaction, there are ²[resources students can explore to support their office hours experience](#).
- + Observe when specific topics feel more engaging — talk to faculty, advisors and the ³[Career Development Center](#) about these topics.
- + Set aside 20 minutes each week to plan for the week ahead. 10 weeks fly by, and having a set time to get a sense for upcoming work/deadlines/projects/events/etc. can help students plan ahead.
- + Reflect on their OSU experience — how classes are going, which study strategies are or are not working, what needs to be prioritized during the day or week, what activities and opportunities sound interesting?

What can parents and families do?

- + Ask open-ended questions that prompt reflection about study skills, time management, mentorship, successes and failures.
- + Ask what is happening on campus this week and ask how your student plans to engage; use this conversation as an opportunity to encourage your student to build connections to campus and create a support network.
- + Acknowledge the transition to college can be challenging and amazing at the same time. They're not alone in this experience, and it can be helpful to process and share about what they're feeling and how things are going.
- + Reinforce with your student that they belong at Oregon State and can succeed here. Encouragement from you is so important!

What does Oregon State do?

- + Faculty are constantly looking for ways to increase student interaction (e.g., course redesign and undergraduate research).
- + Academic advisors hold quarterly meetings with students.
- + OSU offers multiple ways for students to receive peer education support — in residence halls (RA, ALA), via the Academic Success Center (coaching, SI), through tutoring and wellness support, etc.
- + Students can access in-person or virtual personalized assistance from the Academic Success Center (Monday-Friday, 9 a.m. to 5 p.m.). Visit success.oregonstate.edu.
- + Oregon State offers a comprehensive list of student resources at experience.oregonstate.edu/resources.

1: success.oregonstate.edu/build-your-time-management-toolbox

2: success.oregonstate.edu/office-hours-effectively

3: career.oregonstate.edu

Campus Safety

While the Oregon State community and the city of Corvallis are friendly and relatively safe, neither is immune to the realities of the world. Therefore, every student must take personal responsibility reducing risks through preventive measures wherever possible.

In compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, Oregon State University also publishes an Annual Security and Fire Safety Report that includes important safety information, a wide range of current security policies, fire safety practices, helpful university and local resources, crime prevention programs, and crime and fire statistics for the previous three calendar years. This report can be viewed at <https://clery.oregonstate.edu/annual-reports>. A paper copy will be provided upon request and can also be obtained at 200 Cascade Hall, 601 SW 17th St., Corvallis, OR. This report is available without charge.

Tips and topics to discuss with your student

- + Crimes against property, such as theft and damage to property, comprise a majority of crimes on campus. Cars, residential rooms, apartments, and offices should always be locked.
- + Students should not compromise safety for a roommate who wants the door left unlocked. They should contact the appropriate building staff to replace locks if a key is lost or stolen. Never loan out room keys or apartment keys.
- + Bike thefts are prevalent, and it is recommended that bikes be locked up. Transportation Services recommends students use a U-lock with a cable lock to secure their bikes' frame and wheels. Visit transportation.oregonstate.edu/bike-theft-prevention for details about bike theft prevention and registering your student's bike.
- + Document the serial number on valuable items (like laptops and tablets) and keep this information safe. In the event of a theft, the serial number can assist with proving ownership if the item is recovered.

- + Encourage your student to share their class, social and recreational schedules with your family and close friends.
- + If an emergency occurs while walking around OSU, students may use the blue light emergency phones throughout campus to request assistance. Then, simply press the red button, and the police/public safety will respond immediately.
- + Parents and families should encourage their students to explore renters' insurance options. If your family owns a home, check your homeowner's insurance to confirm whether your student's belongings are covered.

Resources

SafeRide

ASOSU SafeRide provides OSU-Corvallis students with a safer ride home. When in service, students may request rides to neighborhoods in Corvallis and Philomath through the TapRide app or by calling 541-737-5000.

asosu.oregonstate.edu/asosu-saferide

Rave Guardian App

The Rave Guardian app allows OSU students and staff to quickly access public safety services on and off campus.

<https://publicsafety.oregonstate.edu/guardian-app>

OSU Assist

OSU Assist is a multidisciplinary support team that provides compassionate mobile crisis response and wraparound services for students facing mental health challenges or experiencing other forms of distress.

studentlife.oregonstate.edu/osu-assist

OSU Alert

OSU Alert is a system that allows public safety officials to create and send emergency alerts such as text messages, phone messages and emails. A student's OSU email is automatically added, and anyone can enroll in our texting alert system by texting OSUALERT to 67283.

Public Safety Dashboard

The Public Safety Dashboard provides an overview of the services and activities of the Department of Public Safety. A summary of crimes that were recently reported to DPS is also included.

<https://publicsafety.oregonstate.edu/public-safety-dashboard>

Oregon State University Police and Department of Public Safety

541-737-3010 (non-emergency) | 911 (emergency)

Corvallis Police Department

541-766-6924 (non-emergency) | 911 (emergency)

Health and Wellness

Encourage your student to establish a care support network on campus — before a need arises — and to take advantage of the broad range of OSU resources. Eating and sleeping well, being active and receiving care when needed will help your student make the most of their time at Oregon State.

University health fee

The university health fee covers most office visits to Student Health Services and Counseling & Psychological Services, including routine appointments with primary care clinicians, counseling, tobacco cessation, nutrition consultations and a 24-hour nurse advice line. Lab work and other ancillary services are billed to the student's account. Read more at studenthealth.oregonstate.edu/general/fees-services.

Health insurance

Student Health Services offers a comprehensive health insurance plan for students through PacificSource. Benefits include coverage for most SHS charges, a low deductible and nationwide coverage. This is the only plan for which SHS is in a network. Claims are filed to other insurance plans as a courtesy. For details, visit studenthealth.oregonstate.edu/insurance.

Health history and required vaccines

OSU's immunization requirements help students stay healthy, in class and able to achieve their academic goals. Students may access the health history form to upload required vaccine documentation at myhealth.oregonstate.edu (university ONID and password required to log in). Visit the [Student Health Services](https://studenthealth.oregonstate.edu) website for information on the current immunization requirements.

Privacy and confidentiality

Confidentiality of student information is of paramount importance at Oregon State. Student Health Services and Counseling & Psychological Services follow all applicable state and federal laws related to disclosing medical and mental health information and applying the highest professional standards of care and privacy. Information about a student cannot be released to a third party — including a parent — without the student's permission after the service is rendered, except in specific circumstances. See studenthealth.oregonstate.edu/policies-and-guidelines.

Cannabis in Oregon

Oregon State University is federally funded and bans all federally illegal substances on campus, including cannabis and related paraphernalia. This includes the use, possession or distribution of cannabis, even with a medical cannabis card or for students over the age of 21. See hr.oregonstate.edu/policies-procedures/marijuana-policy for information.

Tobacco-free policy

The Oregon State University Corvallis campus is tobacco-free. Smoking or vaping within the campus boundaries or university-owned spaces is prohibited. See health.oregonstate.edu/tobacco-free/policy for information. Students have access to tobacco cessation at Student Health Services. Visit studenthealth.oregonstate.edu/nicotine-treatment.

Mental & Physical Health resources

Student Health Services

541-737-9355 or (877) 824-9355 | studenthealth.oregonstate.edu

Student Health Services (SHS) has four locations on the Corvallis campus, including its new Health Center. SHS provides care for your student's physical, mental, and social well-being through a range of services, including on-campus primary and mental health care, prevention, advocacy, and wellness support. In addition to clinical services, including same-day care, SHS leads public health efforts for the OSU community and provides access to a nutritionist, alcohol, and drug counseling, tobacco cessation, survivor advocacy, and the free Oregon ContraceptiveCare (CCare) program.

Counseling & Psychological Services

541-737-2131 | counseling.oregonstate.edu

Counseling & Psychological Services (CAPS) provides various services and mental health programming to address students' challenges and difficulties. These programs and services are designed to help students understand themselves better, create and maintain satisfying relationships, improve their academic performance, and make healthy and satisfying life choices.

Recreational Sports

541-737-3748 | recsports.oregonstate.edu

Recreational Sports helps students remain active through the ups and downs of college life. Rec Sports offers several student-centered services and activities, in addition to maintaining the following Corvallis locations in support of student well-being: Dixon Recreation Center, McAlexander Field House, and Student Legacy Park.

Personal crisis resources

ASOSU Legal Services

asosu.oregonstate.edu/asosu/legalservices |

SEC 232 | 541-737-4165

Student-fee-paid legal advice and representation

ASOSU Office of Advocacy

asosu.oregonstate.edu/advocacy | SEC 228 |

541-737-9200

Support for students navigating disciplinary and other processes

Basic Needs Center

studentlife.oregonstate.edu/bnc |

Champinefu Lodge | 541-737-3747

Basic needs support for the OSU student community.

Center for Advocacy, Prevention & Education (CAPE)

cape.oregonstate.edu | SEC 350 | 541-737-2030

Interpersonal violence prevention and support for survivors.

Student Care

studentlife.oregonstate.edu/student-care |

SEC 206 | 541-737-8748

Crisis problem-solving support for students

Student Conduct & Community Standards

beav.es/Zmr, 541-737-3656

Student Experience Center 342

Upholds student expectations

On campus employment

We recommend that students have a job during their time at OSU, however, we advise that full-time students work no more than 20 hours per week while taking classes. This is particularly important for new students who are also managing their transition to college. Many students work on campus while they pursue their education, and OSU's Career Development Center has many resources to help students achieve their career goals both during their time in college and post-graduation. Not only can student employment be a vital part of paying for expenses, but it also provides skills and experience that can help them in their post-college careers.

Student jobs

Oregon State offers a variety of employment opportunities, so students can find a position that best fits their interests. Working on campus offers many benefits, including employers who understand student needs and flex schedules for finals. Students can find jobs for just a few hours per week up to 20 hours per week by visiting jobs.oregonstate.edu.

Work-study

Work study is based on financial eligibility. The federal work-study program allows students to work hourly to earn the total federal work-study amount granted through their award of financial assistance. Students receive a monthly paycheck for hours worked, and employers on campus receive a subsidy that helps create job opportunities. If your student is eligible for work-study, it is listed as part of their financial aid award letter. Learn more at financialaid.oregonstate.edu.

While some jobs on campus may be designated as only for work-study-eligible students, many jobs are open to any student regardless of whether they received work study as part of their award package.

Career Development Center

The Career Development Center helps students plan for their future and develop the skills needed for a successful job or internship search. Students can drop in or make a scheduled appointment with a peer advisor or meet with a professional career advisor for advice specific to their major.

The Career Development Center offers workshops on résumé preparation, cover letters, interviewing and job search strategies. Each year, over 1,000 employers offering both full-time jobs and Internships attend OSU recruiting events.

We encourage students to make use of the Career Development Center's services well before their final year in college. Students who proactively engage in the career development process often have more successful job searches upon graduation.

For more information and access to online tools, visit career.oregonstate.edu.

Getting Involved

Your student's Oregon State University experience may begin in the classroom, but their involvement outside of the classroom can be just as influential. experience.oregonstate.edu

Involvement opportunities could include but are not limited to:

+ Clubs and Student Organizations

Student Experiences & Engagement (SEE)

Offers a variety of activities and events designed to help students connect with others and explore their interests. see.oregonstate.edu

+ **Orange Media Network (OMN) - newspaper, magazines, radio, TV**

The award-winning student media program at OSU. orangemedianetwork.com

+ **Community Engagement & Leadership (CEL)**

Programs include opportunities for community building, social justice, creative expression, and service-learning. cel.oregonstate.edu

+ **OSU Program Council (OSUPC)**

A student-led organization, which plans and produces events to engage students. <https://osupc.oregonstate.edu/>

+ **Spiritual and religious opportunities**

OSU student groups focused on religious and spiritual growth. studentlife.oregonstate.edu/spiritual-life

+ **Student Clubs and Organizations**

Over 400 clubs and organizations at OSU for students to participate in. <https://clubs.oregonstate.edu/>

Center for Fraternity & Sorority Life (CFSL)

+ Collective Greek Council

+ Interfraternity Council

+ Multicultural Greek Council

+ National Pan-Hellenic Council

+ Panhellenic Council

<https://studentlife.oregonstate.edu/cfsl>

Cultural Resource Centers

+ Asian & Pacific Cultural Center

+ Centro Cultural César Chávez

+ Ettihad Cultural Center

+ Hattie Redmond Women & Gender Center

+ Kaku-Ixt Mana Ina Haws

+ Lonnie B. Harris Black Cultural Center

+ Pride Center

<https://dce.oregonstate.edu/cultural-resource-centers>

Student Government

+ **Associated Students of Oregon State University (ASOSU)**

OSU's student government represents the student body's interests.

<https://asosu.oregonstate.edu/>

+ **Residence Hall Association (RHA)**

A student-led organization representing students who live on campus to UHDS.

<https://uhds.oregonstate.edu/residence-hall-association>

Recreation

+ **Intramural Sports**

<https://recsports.oregonstate.edu/sports/intramural-sports>

+ **Club Sports**

recsports.oregonstate.edu/sports/sport-clubs

+ **Adventure Leadership Institute (ALI)**

recsports.oregonstate.edu/ai

+ **Research and Experiential**

Undergraduate research

Students can participate in research to gain hands-on experience, develop useful skills, and deepen relationships with faculty.

undergraduate.oregonstate.edu/research

Study abroad and international internships

The Office of Global Opportunities (OSU GO) offers more than 100 abroad opportunities and international internships.

undergraduate.oregonstate.edu/osugo

Here are some questions that we hope you have answered by the end of your student's START session!

Academics

Does your student...

- + Have an advising appointment scheduled?
 - If not...
 - + Suggest that they contact their academic college, listed here
 - + Know their academic college's process for registering for classes?
 - If not...
 - + Suggest that they contact their academic college, listed here
 - + Have an idea of who to contact with questions about their academic journey?
 - If not...
 - + See page 7
 - + Or visit <https://success.oregonstate.edu/>
-

Life at Oregon State

Does your student...

- + Have plans for housing?
 - If not...
 - + Contact uhds.oregonstate.edu
 - + Have a plan to pay for college?
 - If not...
 - + See page 5
 - + Or visit <https://financialaid.oregonstate.edu/>
 - + Have plans for transportation whether that's walking, biking, taking the bus, or bringing a car?
 - If not...
 - + Visit <https://transportation.oregonstate.edu>
-

Social

Did your student...

- + Find some ideas of how they might want to get involved on campus?
 - If not...
 - + See page 13
 - + Or visit <https://see.oregonstate.edu/>
- + Meet a friend or another student that they can keep in contact with?
 - If not...
 - + Suggest that they follow @oregonstate or any other OSU accounts on Instagram

What about ...?

Feel free to use the space below to write down any notes, questions, contacts, etc.

Academic Calendar

Summer term 2023

Juneteenth	June 19, 2023
Classes Begin	June 26, 2023
Independence Day	July 4, 2023
8-Week Session Ends	Aug. 18, 2023
11-Week Session Ends	Sept. 8, 2023

Fall term 2023

Classes Begin	Sept. 27, 2023
Veterans Day Observed	Nov. 10, 2023
Thanksgiving Holiday	Nov. 23 & 24, 2023
Classes End	Dec. 8, 2023
Final Exams End	Dec. 15, 2023

Winter break 2023-24
Dec. 16, 2023 - Jan. 7, 2024

Winter term 2024

Classes Begin	Jan. 8, 2024
MLK Day	Jan. 15, 2024
Classes End	Mar. 15, 2024
Final Exams End	Mar. 22, 2024

Spring break 2024
Mar. 23, 2024 - Mar. 31, 2024

Spring term 2024

Classes Begin	Apr. 1, 2024
Memorial Day	May 27, 2024
Classes End	June 7, 2024
Final Exams End	June 14, 2024

*subject to change

Resources at your fingertips

We believe the more informed you are about Oregon State University, the more you will be able to support and empower your student.

- + Visit us at families.oregonstate.edu.
- + Sign up for parent newsletters, at families.oregonstate.edu/resources.
- + Get important OSU updates at beav.es/OSUupdates.
- + Stay informed with OSU Today at today.oregonstate.edu.

Office of Student Orientation

The Office of Student Orientation serves as a liaison between parents, family members and the university. We can provide relevant information and refer you to OSU resources as needed.

Waldo Hall 102
Oregon State University,
Corvallis, OR 97331
541-737-7627
newstudents@oregonstate.edu
families.oregonstate.edu



Oregon State University
Office of Student
Orientation