Directory

General Campus Resources
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Athletic Tickets .......................................................... 541-737-4455
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Beaver Store ............................................................. 541-737-4323
Campus Operator/General Information .................... 541-737-1000
Campus Tours .......................................................... 541-737-2626
Career Development Center ..................................... 541-737-4085
Center for Advocacy, Prevention & Education (CAPE) 541-737-2030
College Assistance Migrant Program (CAMP) .......... 541-737-2389
Counseling & Psychological Services ....................... 541-737-2131
Disability Access Services (DAS) ............................ 541-737-8748
Dixon Recreation Center .......................................... 541-737-3748
Educational Opportunities Program (EOP) ............... 541-737-3528
Family Resource Center (Child Care and Resources) 541-737-4906
Family Weekend Information (Office of Student Orientation) 541-737-7527
Housing and Dining (UHDS) ...................................... 541-737-4771
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Lost and Found ......................................................... 541-737-7240
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Office of Advocacy ................................................... 541-737-9200
Office of Student Orientation .................................... 541-737-7627
Ombuds Office .......................................................... 541-737-4537
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Public Safety (Non-Emergency) ............................... 541-737-3010
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SafeRide ................................................................. 541-737-5000
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Tutoring ................................................................. 541-737-2272
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Asian & Pacific Cultural Center ............................... 541-737-6361
Centro Cultural César Chávez ................................. 541-737-3790
Diversity and Cultural Engagement ......................... 541-737-9030
Ettihad Cultural Center ............................................ 541-737-1052
Hattie Redmond Women & Gender Center ................ 541-737-3186
Kaku-Ixt Mana Ina Haws ........................................ 541-737-2738
Lonnie B. Harris Black Cultural Center .................... 541-737-4372
Pride Center ............................................................ 541-737-9161

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International Student Assistance
INTO Reception ......................................................... 541-737-2464
Office of International Services (OIS) ..................... 541-737-6310

Student Engagement
Associated Students of Oregon State University (Student Government) ................................. 541-737-6300
Center for Fraternity & Sorority Life ......................... 541-737-8748
Clubs and Organizations .......................................... 541-737-9857
Spiritual and Philosophical Organizations ................ 541-737-8748
August 2024

Discover Oregon State University's campus beauty this summer with your student. From the Kelly Engineering Center to scenic trails, there's something for everyone. Unwind, connect, and create memories amidst lush greenery and architectural wonders.
As a parent, watching your student embark on their academic journey at OSU is an exciting moment! While the transition may come with its share of adjustments, rest assured that it’s all part of the adventure.

OSU offers various peer education support options, including Resident Assistants (RA), Academic Learning Assistants (ALA), the Academic Success Center for coaching and Supplemental Instruction (SI), tutoring, and wellness support.

Access personalized assistance in-person or virtually at the Academic Success Center, Monday to Friday from 9 a.m. to 5 p.m. at 541-737-2272.

Explore student resources at experience. oregonstate.edu/resources to make the most of your Oregon State adventure!
As you assist your student on OSU move-in day, expect a warm welcome from enthusiastic staff. Explore the vibrant surroundings, participate in welcome events, and encourage your student to make new friends eager to start their journey at OSU.
Welcome to Oregon State University, where we prioritize the safety of your student every step of the way!

Imagine this: after a late-night study session with friends in the library, rather than your student walking back to their dorm alone, they utilize SafeRide, a vital service provided by ASOSU. SafeRide ensures their safe journey home, providing peace of mind for both you and your student. Discover even more campus safety resources and how to access them on our Resource Page at the end of this calendar. From academic support to transportation services, OSU is here to help your student thrive!
Our Alumni Tailgate in October is filled with camaraderie, celebration, and unbeatable excitement, featuring food, drinks, a live DJ, photo ops, special guests from Beaver greats, the OSU Marching Band and Cheer, and much more!
### October 2024

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**Week 1**

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**Week 2**

| 13     | 14     | 15      | 16        | 17       | 18     | 19       |

**Week 3**

| 20     | 21     | 22      | 23        | 24       | 25     | 26       |

**Week 4**

| 27     | 28     | 29      | 30        | 31       | 1      | 2        |

**Week 5**

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**Budgeting for Expenses**

As the first bill for the fall term approaches, it’s important for parents to help their student review their finances and plan for upcoming payments. Encourage your student to adjust their budget if needed and update their FAFSA with Financial Aid if their situation has changed. Managing finances can be challenging, so remind your student to seek help if necessary.

The College of Business offers the CAFÉ program, which provides tools and resources for creating a budget that works for students. Encourage your student to explore these resources at [business.oregonstate.edu/studentexperience/student-centers/centeradvancingfinancialeducation](http://business.oregonstate.edu/studentexperience/student-centers/centeradvancingfinancialeducation).

Additionally, they can find more tips in the Billing and Finance help sheet located at the end of their calendar.
November 2024

For almost a century, the iconic Memorial Union has epitomized the heart of Oregon State. It’s a space where your student can find community, unwind from their studies, and thrive academically and socially.
Fall Family Weekend

Fall Family Weekend offers a variety of activities for families to enjoy together, such as tours, open houses, wine tasting, craft fairs, socials, and music performances.

Can’t join in person? Schedule a virtual coffee date with your student. Ask their favorite study spot, or a memorable moment from their week. These conversations will show your support and keep you connected to their OSU experience.

Visit families.oregonstate.edu for more!
December 2024

Winter is the ideal time to bundle up and explore campus. You might just catch a rare snow day, witnessing the brick buildings transform into a winter wonderland.
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### Stress & Finals

As finals approach in December, it’s important for parents to encourage their students to recognize the challenges they may face and take steps to support their well-being. OSU offers a range of resources to assist students during this busy time. Whether they need someone to talk to about exam stress, guidance on staying physically healthy, or help with their studies, OSU is there for them.

Remind your student that it’s okay to ask for help when needed. Taking care of their mental and physical health is crucial for performing their best during finals. Encourage them to explore the Health and Wellness resources provided at the end of this calendar to learn more about how they can receive support during this time.
January 2025

Experience the electrifying energy and spirit surrounding OSU women's basketball, just one part of the thrilling world of OSU athletics!
### Athletics

Immerse your student in the spirited culture of OSU athletics—a fantastic opportunity for them to fully engage in the vibrant atmosphere of our university! From the thunderous cheers at football games to the fast-paced action of basketball, OSU athletics offer an exciting escape from the rigors of academic life.

It’s not just about the games—it’s about the sense of community and camaraderie that comes with being part of Beaver Nation. Attending athletic events is a chance for your student to connect with peers, showcase their school spirit, and create lasting memories that they’ll cherish long after graduation.
In February, your student’s journey at OSU ramps up with excitement! It’s a time for them to ignite friendships over cozy drinks, dive into thrilling activities at the Memorial Union, or kick back and unwind in the dorm. These moments infuse energy and excitement, especially into the winter months.
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**Winter Wellness**

February can be a challenging time as the winter weather persists, but it’s also an opportunity to focus on your well-being and spend quality time with friends. Head to the lively MU Quad and the vibrant Memorial Union for a variety of exciting activities. Whether you’re into board games, craft workshops, or simply hanging out, these places offer fantastic opportunities to connect with your friends and make unforgettable memories.

Remember, your mental and physical health are important. Check out the mental and physical health resources at the end of this calendar, and learn how to access them. If you need additional support, OSU's Counseling Psychological Services is here to help: [counseling.oregonstate.edu/main/our-services/resources](http://counseling.oregonstate.edu/main/our-services/resources).
March 2025

Spring at OSU is a time for your student to explore new interests, join outdoor events, attend academic conferences, and pursue research opportunities. Encourage them to embrace this season of growth, both personally and academically, as they delve into the diverse experiences that OSU offers.
### Getting Involved

At OSU, there’s no shortage of ways for your student to get involved! With over 400 clubs and organizations on campus, there’s something for everyone. They can dive into their major with clubs like the Engineering Club or the Biology Student Association, where they can connect with peers who share their academic interests.

Passionate about sustainability? Encourage them to check out the Environmental Science Club, where they can engage in discussions, projects, and events focused on environmental conservation and activism.

And for those looking to stay active and have fun, there are plenty of opportunities to join intramural sports teams.

Whether your student is seeking professional development or cultural enrichment, OSU offers a wide array of clubs and organizations to suit their interests and passions. Encourage them to explore and get involved—it’s a great way to make friends, pursue their passions, and make the most of their college experience!

For more involvement opportunities, check out the section at the end of this calendar and discover a vibrant community waiting for your student at OSU.
Roll into springtime at OSU! Whether you’re cruising past blooming trees on your skateboard, planning a picnic, or relaxing under the shade with a book, there’s no better time to embrace the beauty of campus life.
On Campus Employment

As we eagerly anticipate the arrival of spring on campus, it’s a perfect time to start planning for the upcoming summer months. Have you discussed with your student whether they’ll be staying in Corvallis or exploring other options for the summer break?

For many students, summer is an opportunity to make the most of their academic journey. Some may choose to enroll in summer classes to stay on track with their coursework and make progress toward their degree. It’s a chance to dive deeper into their studies, explore new subjects, and even accelerate their graduation timeline.

If your student is considering summer classes, they can find more information and explore course offerings at summer.oregonstate.edu.

On the other hand, some students may be looking to gain practical experience through summer employment opportunities. Whether it’s internships, research positions, or part-time jobs, summer employment can provide valuable hands-on experience, build professional skills, and expand their network.
Smiles all around at OSU’s Spring Family Weekend! This event brings families together with vibrant campus tours, engaging open houses, delightful wine tasting, charming craft fairs, lively socials, and soulful music performances.
### May 2025 Calendar

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#### Think Local

With May in full swing, it's the perfect time to start exploring beyond campus. Have you checked out the lively Saturday market for some great music and fresh produce? Maybe you've been out hiking the scenic trails that surround Corvallis. Don't forget to visit the beautiful Avery Park or take a stroll through the picturesque downtown area, filled with charming shops and eateries.

And if you're looking for a fun event to share with your family, don't miss Spring Family Weekend at Oregon State University! It's a fantastic opportunity to bond with your loved ones and experience the vibrant culture of OSU. The weekend is filled with tours, open houses, wine tasting, craft fairs, socials, and music performances.

For more information on Spring Family Weekend and other exciting activities in Benton County, visit [www.visitcorvallis.com](http://www.visitcorvallis.com)!
June 2025

Graduation at OSU celebrates your student’s resilience and academic excellence. As parents, cherish this moment with family, friends, and the OSU community. And keep an eye out for Benny the Beaver, who might just join in to congratulate your student!
### Celebrate & Connect

Let's celebrate your student's remarkable first year at OSU! As they reflect on their adventures, encourage them to set exciting new goals for the upcoming year. Whether it's achieving academic milestones, taking on leadership roles, or exploring new interests. But amidst the goal-setting, let's not forget the cherished moments spent with friends—the late-night study sessions, weekend adventures, and spontaneous hangouts that have made their first year so special. These connections are the heart and soul of the university experience.

As they continue to explore the vibrant city of Corvallis, encourage your student to immerse themselves in all it has to offer—from local eateries to community events. And don't overlook the diverse array of campus clubs and organizations, where they can pursue passions, connect with peers, and make a positive impact. Here's to an exciting journey ahead at Oregon State University! Go Beavs!
An OSU pin is more than just an accessory; it symbolizes the university’s impact on education and innovation. From its roots as a land grant institution, OSU has grown into a vibrant community of scholars and innovators.
Thrive and Explore

Get ready to embark on an exciting journey as your student delves deeper into their major at OSU! Each college is brimming with unique opportunities waiting to be discovered.

Have you had a chance to explore their college’s success center—it’s a personalized support hub tailored specifically to their academic interests. From academic advising to career counseling, these resources are designed to help your student thrive in their chosen field.

And don’t miss out on the captivating clubs and research projects within their college—they’re immersive experiences that bring studies to life! Encourage your student to seize these opportunities for real-world application and meaningful contributions. It’ll add an exciting dimension to their college journey!
CAMPUS
SAFETY
RESOURCES
SafeRide
ASOSU SafeRide provides OSU-Corvallis students with a safer ride home. When in service, students may request rides to neighborhoods in Corvallis and Philomath through the TapRide app or by calling 541-737-5000.

asosu.oregonstate.edu/asosu-saferide

Rave Guardian App
The Rave Guardian app allows OSU students and staff to quickly access public safety services on and off campus.

publicsafety.oregonstate.edu/guardian-app

OSU Assist
OSU Assist is a multidisciplinary support team that provides compassionate mobile crisis response and wraparound services for students facing mental health challenges or experiencing other forms of distress.

studentlife.oregonstate.edu/osu-assist

OSU Alert
OSU Alert is a system that allows public safety officials to create and send emergency alerts such as text messages, phone messages and emails. A student's OSU email is automatically added, and anyone can enroll in our texting alert system by texting OSUALERT to 67283.

Public Safety Dashboard
The Public Safety Dashboard provides an overview of the services and activities of the Department of Public Safety. A summary of crimes that were recently reported to DPS is also included.

publicsafety.oregonstate.edu/public-safety-dashboard

Oregon State University Police & Department of Public Safety
541-737-3010 (non-emergency) | 911 (emergency)

Corvallis Police Department
541-766-6924 (non-emergency) | 911 (emergency)
BILLING & FINANCES
Students and their authorized users have the ability to enroll in payment plans. By enrolling in a payment plan and staying current on their payments, students are able to register for future terms even if their balance exceeds the registration threshold.

Students must complete a financial services agreement outlining the billing account’s rights and responsibilities when they login to MyBill.

mybill.oregonstate.edu

Sign up for a direct deposit for secure refund payments via MyOregonState

my.oregonstate.edu

Students may add an authorized user by logging into their account at mybill.oregonstate.edu.

After the student adds a new authorized user, an email will be sent prompting the new user to create a login for “Pay My Bill.”

As an authorized user, each time an eBill is processed, you will receive an email notification that it is ready to view.

Authorized users can log in and view, print or make payments via eCheck.

More information:
fa.oregonstate.edu/welcome-parents.

Payment plans are available for current students.

The payment plan options can be found by going to mybill.oregonstate.edu and clicking on “Login with ONID”. Students will need their OSU username and password.

Once logged in click on the “Payment Plans” tab on the top of the screen, and select ‘Current/ATD term’ from the dropdown. The payment plan options will be listed, and you are able to choose the option that works best for your family.

Can someone else pay an Oregon State student’s bill?

Students may add an authorized user by logging into their account at mybill.oregonstate.edu.

After the student adds a new authorized user, an email will be sent prompting the new user to create a login for “Pay My Bill.”

As an authorized user, each time an eBill is processed, you will receive an email notification that it is ready to view.

Authorized users can log in and view, print or make payments via eCheck.

More information: fa.oregonstate.edu/welcome-parents.

Additional questions?

Contact Student Account Services
+ studentaccounts@oregonstate.edu
+ fa.oregonstate.edu/controllers-unit/student-accounts
+ 541-737-3775
+ Kerr Administration Building, first floor

Contact Financial Aid
+ financialaid@oregonstate.edu
+ financialaid.oregonstate.edu
+ 541-737-2241
+ 218 Kerr Administration Building
HEALTH & WELLNESS
**University Health Fee**

- The university health fee covers most office visits to Student Health Services and Counseling & Psychological Services, including routine appointments with primary care clinicians, counseling, tobacco cessation, nutrition consultations and a 24-hour nurse advice line. Lab work and other ancillary services are billed to the student's account.
- Read more at [studenthealth.oregonstate.edu/general/fees-services](http://studenthealth.oregonstate.edu/general/fees-services).

**Cannabis in Oregon**

- Oregon State University is federally funded and bans all federally illegal substances on campus, including cannabis and related paraphernalia. This includes the use, possession or distribution of cannabis, even with a medical cannabis card or for students over the age of 21.
- See [hr.oregonstate.edu/policies-procedures/marijuana-policy for information](http://hr.oregonstate.edu/policies-procedures/marijuana-policy).

**Health Insurance**

- Student Health Services offers a comprehensive health insurance plan for students through PacificSource. Benefits include coverage for most SHS charges, a low deductible and nationwide coverage. This is the only plan for which SHS is in a network. Claims are filed to other insurance plans as a courtesy.
- For details, visit [studenthealth.oregonstate.edu/insurance](http://studenthealth.oregonstate.edu/insurance).

**Tobacco-free Policy**

- The Oregon State University Corvallis campus is tobacco-free. Smoking or vaping within the campus boundaries or university-owned spaces is prohibited.
- See [health.oregonstate.edu/tobacco-free/policy](http://health.oregonstate.edu/tobacco-free/policy) for information.
- Students have access to tobacco cessation at Student Health Services. Visit [studenthealth.oregonstate.edu/nicotine-treatment](http://studenthealth.oregonstate.edu/nicotine-treatment).

**Health History and Required Vaccines**

- OSU's immunization requirements help students stay healthy, in class and able to achieve their academic goals. Students may access the health history form to upload required vaccine documentation at [myhealth.oregonstate.edu](http://myhealth.oregonstate.edu) (university ONID and password required to log in).
- Visit the Student Health Services website for information on the current immunization requirements.

**Privacy and Confidentiality**

- Confidentiality of student information is of paramount importance at Oregon State. Student Health Services and Counseling & Psychological Services follow all applicable state and federal laws related to disclosing medical and mental health information and applying the highest professional standards of care and privacy. Information about a student cannot be released to a third party — including a parent — without the student's permission after the service is rendered, except in specific circumstances.
- See [studenthealth.oregonstate.edu/policies-and-guidelines](http://studenthealth.oregonstate.edu/policies-and-guidelines).
MENTAL & PHYSICAL HEALTH RESOURCES
**Student Health Services**

+ 541-737-9355 or (877) 824-9355 | studenthealth.oregonstate.edu
+ Student Health Services (SHS) has four locations on the Corvallis campus, including its new Health Center. SHS provides care for your student’s physical, mental, and social well-being through a range of services, including on-campus primary and mental health care, prevention, advocacy, and wellness support. In addition to clinical services, including same-day care, SHS leads public health efforts for the OSU community and provides access to a nutritionist, alcohol, and drug counseling, tobacco cessation, survivor advocacy, and the free Oregon ContraceptiveCare (CCare) program.

**Counseling & Psychological Services**

+ 541-737-2131 | counseling.oregonstate.edu
+ Counseling & Psychological Services (CAPS) provides various services and mental health programming to address students’ challenges and difficulties. These programs and services are designed to help students understand themselves better, create and maintain satisfying relationships, improve their academic performance, and make healthy and satisfying life choices.

**Recreational Sports**

+ 541-737-3748 | recsports.oregonstate.edu
+ Recreational Sports helps students remain active through the ups and downs of college life. Rec Sports offers several student-centered services and activities, in addition to maintaining the following Corvallis locations in support of student well-being: Dixon Recreation Center, McAlexander Field House, and Student Legacy Park.

**Personal Crisis resources**

+ ASOSU Legal Services
  asosu.oregonstate.edu/asosu/legalservices | SEC 232 | 541-737-4165
  Student-fee-paid legal advice and representation
+ ASOSU Office of Advocacy
  asosu.oregonstate.edu/advocacy | SEC 228 | 541-737-9200
  Support for students navigating disciplinary and other processes
+ Basic Needs Center
  studentlife.oregonstate.edu/bnc | Champinefu Lodge | 541-737-3747
  Basic needs support for the OSU student community.
+ Center for Advocacy, Prevention & Education (CAPE)
  cape.oregonstate.edu | SEC 350 | 541-737-2030
  Interpersonal violence prevention and support for survivors.
+ Student Care
  studentlife.oregonstate.edu/student-care | SEC 206 | 541-737-8748
  Crisis problem-solving support for students
+ Student Conduct & Community Standards
  beav.es/Zmr | SEC | 342 | 541-737-3656
  Upholds student expectations
GETTING INVOLVED
Getting Involved

Involvement opportunities could include but are not limited to:

Clubs and Student Organizations

- Student Experiences & Engagement (SEE)
  Offers a variety of activities and events designed to help students connect with others and explore their interests. see.oregonstate.edu

- Orange Media Network (OMN) - newspaper, magazines, radio, TV
  The award-winning student media program at OSU. orangemedianetwork.com

- Community Engagement & Leadership (CEL)
  Programs include opportunities for community building, social justice, creative expression, and service-learning. cel.oregonstate.edu

- OSU Program Council (OSUPC)
  A student-led organization, which plans and produces events to engage students. osupc.oregonstate.edu

- Spiritual and religious opportunities
  OSU student groups focused on religious and spiritual growth. studentlife.oregonstate.edu/spiritual-life

- Student Clubs and Organizations
  Over 400 clubs and organizations at OSU for students to participate in. clubs.oregonstate.edu

Center for Fraternity & Sorority Life (CFSL)

- Collective Greek Council
- Interfraternity Council
- Multicultural Greek Council
- National Pan-Hellenic Council
- Panhellenic Council
  studentlife.oregonstate.edu/cfsl

Cultural Resource Centers

- Asian & Pacific Cultural Center
- Centro Cultural César Chávez
- Ettihad Cultural Center
- Hattie Redmond Women & Gender Center
- Kaku-Ixt Mana Ina Haws
- Lonnie B. Harris Black Cultural Center
- Pride Center
  dce.oregonstate.edu/cultural-resource-centers

Student Government

- Associated Students of Oregon State University (ASOSU)
  OSU's student government represents the student body's interests. asosu.oregonstate.edu

- Residence Hall Association (RHA)
  A student-led organization representing students who live on campus to UHDS. uhds.oregonstate.edu/residence-hall-association

Recreation

- Intramural Sports
  recsports.oregonstate.edu/sports/intramural-sports

- Club Sports
  recsports.oregonstate.edu/sports/sport-clubs

- Adventure Leadership Institute (ALI)
  recsports.oregonstate.edu/ai

Research and Experiential

- Undergraduate Research
  Students can participate in research to gain hands-on experience, develop useful skills, and deepen relationships with faculty. undergraduate.oregonstate.edu/research

- Study abroad and International Internships
  The Office of Global Opportunities (OSU GO) offers more than 100 abroad opportunities and international internships. undergraduate.oregonstate.edu/osugo
**Student Jobs**

+ Oregon State offers a variety of employment opportunities, so students can find a position that best fits their interests. Working on campus offers many benefits, including employers who understand student needs and flex schedules for finals.
+ Students can find jobs for just a few hours per week up to 20 hours per week by visiting [jobs.oregonstate.edu](http://jobs.oregonstate.edu).

**Work-Study**

+ Work study is based on financial eligibility. The federal work-study program allows students to work hourly to earn the total federal work-study amount granted through their award of financial assistance. Students receive a monthly paycheck for hours worked, and employers on campus receive a subsidy that helps create job opportunities.
+ If your student is eligible for work-study, it is listed as part of their financial aid award letter. Learn more at [financialaid.oregonstate.edu](http://financialaid.oregonstate.edu).
+ While some jobs on campus may be designated as only for work-study-eligible students, many jobs are open to any student regardless of whether they received work study as part of their award package.

**Career Development Center**

+ The Career Development Center helps students plan for their future and develop the skills needed for a successful job or internship search. Students can drop in or make a scheduled appointment with a peer advisor or meet with a professional career advisor for advice specific to their major.

  The Career Development Center offers workshops on résumé preparation, cover letters, interviewing and job search strategies. Each year, over 1,000 employers offering both full-time jobs and Internships attend OSU recruiting events.

  We encourage students to make use of the Career Development Center’s services well before their final year in college. Students who proactively engage in the career development process often have more successful job searches upon graduation.

+ For more information and access to online tools, visit [career.oregonstate.edu](http://career.oregonstate.edu).