OSU DIRECTORY OF RESOURCES

Academic Success Center 541-737-2272
Admissions 541-737-4411 Option 4
Athletic Tickets 541-737-4455
Beaver Bus 541-737-2583
Books and Supplies 541-737-4323
Campus Operator/General Information 541-737-1000
Campus Police and Security 541-737-3010
Campus Tours 541-737-2626
Career Development Center 541-737-4085
Change of Address 541-737-4331
Change of Major 541-737-4337
Center for Fraternity & Sorority Life 541-737-5432
Clubs and Organizations 541-737-2101
College Assistance Migrant Program (CAMP) 541-737-2389
Counseling & Psychological Services 541-737-2131

CULTURAL RESOURCE CENTERS
Asian & Pacific Cultural Center 541-737-6361
Centro Cultural César Chávez 541-737-3790
Ettihad Cultural Center 541-737-1052
Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex and Allies (LGBTQQIAA)/Pride Center 541-737-9161
Lonnie B. Harris Black Cultural Center 541-737-4372
Native American Longhouse, Eena Haws 541-737-2738
Women's Center 541-737-3186

Dean of Students 541-737-8748
Department of Public Safety and Oregon State Police 541-737-3010
Emergency 541-737-7000
Disability Access Services (DAS) 541-737-4098
Diversity & Cultural Engagement 541-737-9030
Dixon Recreation Center 541-737-3748

Educational Opportunities Program (EOP) 541-737-3628
Family Resource Center 541-737-4906
Family Weekend Information 541-737-7627
Fee Payment 541-737-3031
Financial Difficulties 541-737-2241

Health Insurance (Student) 541-737-6748

Legal Assistance 541-737-4165
Library 541-737-3331
Leans and Grants 541-737-2241
Lost and Found 541-737-7240

Ombuds Office 541-737-7029
Orange Media Network (Student media) 541-737-3374
OSU Global Opportunities 541-737-3006

Parent Association 541-737-7627
Parking Permits 541-737-2583
Pharmacy 541-737-3491

Residence Halls 541-737-4771
Residency Requirements 541-737-4411 Option 4

SafeRide Program (Main Office) 541-737-2252
Scholarship Information 541-737-2241
Survivor Advocacy & Resource Center 541-737-2030
Spiritual Organizations 541-737-6872
Student Activities 541-737-2101
Student Health Services 541-737-9355
Student Government (ASOSU) 541-737-2102
Student Care Team 541-737-8748
Summer Classes 541-737-1470

Transfer Credit 541-737-4411 Option 4
(Upon Admission)
TRIO Student Support Services 541-737-3628
Tutoring — Consult academic advisor
Collaborative Learning Center 541-737-3331
Math Learning Center 541-737-0797
Supplemental Instruction 541-737-2272
Writing Center 541-737-5640

Undecided Major 541-737-8144
University Housing & Dining Services 541-737-4771

Verification of Enrollment 541-737-4331
Veterans Services Advisor 541-737-7662
Withdrawal (From classes and from the university) 541-737-4331

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GLOSSARY
OF OSU TERMS

ACADEMIC PROBATION
Students who have completed two or more terms at Oregon State and have a cumulative GPA below 2.0 are placed on probation. Students who raise their cumulative GPA to 2.0 or better are removed from academic probation.

ACADEMIC SUSPENSION
Students who are on probation and have a subsequent term GPA of less than 2.0 are placed on suspension. A student who has been suspended from Oregon State is prohibited from enrolling in classes and must fulfill specified criteria before being readmitted to the university. Academic suspension is recorded on the student’s academic record.

ACADEMIC WARNING
Students with a term GPA below 2.0 are placed on academic warning.

ADD/DROP
Students may add or drop classes during the first two weeks of each term. The cost is $20 per course to add or drop after the third week of the term.

ADVANCED PLACEMENT
Advanced placement and/or credit may be granted to an entering student who has satisfactorily completed College Board Advanced Placement Examinations taken during high school.

ADVANCED STANDING REPORT
A summary of courses and credits completed by a student at one postsecondary institution and accepted by another institution at the time of admission. The Advanced Standing Report is used to determine the number of required and elective credits needed to complete degree requirements.

ADVISOR
A faculty member appointed by the department or college to assist a student with planning academic programs.

BACCALAUREATE CORE
The university’s general education requirements consisting of skills courses, perspectives courses, synthesis courses and writing-intensive courses.

B.A. DEGREE
The Bachelor of Arts degree is conferred for broad and liberal education in humanities, arts, social sciences and sciences.

B.F.A. DEGREE
The Bachelor of Fine Arts is a professional degree requiring a minimum of 105 credits in the visual arts.

B.S. DEGREE
The Bachelor of Science degree is conferred for focused study in a field of science.

CERTIFICATE PROGRAM (UNDERGRADUATE)
A specified interdisciplinary program of study leading to an official certificate and notation on a student's transcript. A certificate program differs from a minor because it draws from more than one department rather than a single department. The certificate program must be taken in conjunction with a formal degree program.

COLLEGE
A subdivision of the university offering degree programs within a specific subject area. Oregon State University has 13 colleges.

COMMENCEMENT
Oregon State’s annual graduation ceremony, held in June.

COURSE REFERENCE NUMBER (CRN)
A five-digit number used to select a specific course, lab and/or recitation.

CREDIT
The academic value assigned to a course based on the type and level of the subject material, as well as the expected number of hours spent on class preparation. One credit is generally given for three hours of work per week, in and out of class.

DEAD WEEK
Week 10 of the academic term. There are typically no finals, midterms or other comprehensive examinations given during this week.

ELECTIVES
Courses that are not required as part of a degree program, but are generally chosen and used by a student to supplement or enrich the required curriculum.

GRADUATION AUDIT
An evaluation of a student’s academic record to determine if the graduation requirements set forth by the university, college and major department have been met.

JUNIOR
A student who has completed at least 90 but not more than 134 term credits toward an undergraduate degree.

LOWER-DIVISION COURSES
Course offerings at a level of comprehension usually associated with first-year and sophomore students. Lower-division courses are numbered in the 100s and 200s.

MAJOR (UNDERGRADUATE)
The primary field of study in which a student wishes to receive a degree.

MINOR (UNDERGRADUATE)
A second field of interest, consisting of a minimum of 27 designated term credits of related course work, 12 of which must be at the upper-division level.

PERSPECTIVES COURSES
Courses that integrate fundamental knowledge from science and liberal arts disciplines to develop cultural, historic and scientific perspectives.

FIRST-YEAR STUDENT
A student who has completed 44 or fewer term credits toward an undergraduate degree.

GRADE POINT AVERAGE (GPA)
Total number of grade points received divided by total number of credits attempted. Grade points are assigned for one term credit of each grade:

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Grades of I, P, N, S, U and W are not computed.

If you’re a first-time Oregon State University parent or family member, it may be hard to figure out many of the terms used here at the university. Use this glossary to understand your student’s new vocabulary.
UNDERSTANDING FERPA

WHAT IS FERPA?
The federal Family Educational Rights and Privacy Act (FERPA), along with Oregon state law and administrative rules, gives students certain rights with respect to their educational records.

THE RIGHTS OF THE STUDENT INCLUDE:

1. The right to inspect and review their educational records within 45 days of the request.
2. The right to request the amendment of portions of their educational record that they believe are inaccurate or misleading.
3. The right to consent to disclosures of the personally identifiable information contained in their educational record, except to the extent that FERPA authorizes disclosure without consent.
4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by Oregon State University to comply with the requirements of FERPA.

If you call a university office and ask for information about your student, you will receive only information that the university can legally provide. This information is listed at registrar.oregonstate.edu/privacy-records.

WHERE WILL MY STUDENT’S GRADES BE MAILED?
Oregon State does not mail grade reports. Grades are available to students online via MyOSU.

CAN I HAVE A COPY OF MY STUDENT’S GRADES OR ACADMIC RECORD?
According to both federal and state law, parents may have a copy of their student’s record only with the student’s written consent. Students have access to their grades online via MyOSU a few days after the end of the term. While Oregon State staff may not be able to talk specifically about your student, we can share general information about academic policies and processes.
Your student is beginning and/or continuing one of life’s most rewarding journeys. You are also going to experience new feelings and face new challenges as your student establishes their independence at Oregon State University.

TIPS TO SUPPORT YOUR STUDENT

- Encourage your student to ask for help when needed.
- Be supportive and interested in their college experiences.
- Encourage your student to stay on campus or in Corvallis over most weekends.
- Be understanding when they feel overwhelmed and homesick.
- Listen openly, honestly and without judgment.
- Empower your student to solve their own problems.

Understand that stress and a certain amount of anxiety are normal for students to experience.

WILL OUR RELATIONSHIP BE THE SAME WHEN MY STUDENT COMES HOME?

It may change; new college ways and old home rules can create tension. Don’t be too shocked or disappointed if your student refers to Oregon State as home. It’s a sure sign of adjustment.

- Be prepared for new behaviors, such as hair, dress and food preferences.
- Remember they have been setting their own curfew. Discuss your expectations for when they are home.
- Evaluate house rules and be willing to compromise.
- Talk about summer work plans.

Keep in touch by phone, text and email. Discuss which method is best for you and your student.

Visit your student during university-sponsored events such as family weekends.

Send care packages, cards and letters.

Premade care packages and birthday cakes are available from OSU Catering. Call 541-737-1600 or email osucatering@oregonstate.edu to place an order (to guarantee delivery, place orders at least three days in advance).

For students belonging to underrepresented populations, the Diversity and Cultural Engagement office (541-737-9030) and the Educational Opportunities Program (541-737-3628) offer support services and cultural programs. If your student needs accommodations for a disability, they should contact Disability Access Services at 541-737-4098 ideally before the start of the term to ensure a smooth transition.
Encourage your student to treat college like a full-time job. Recommend becoming active in the campus community and getting to know faculty and staff. Tell your student to be persistent and to reach out and ask for help when needed. The most successful students tend to be those who take full advantage of the tutoring, study tables, academic coaching and other resources available at Oregon State.

Feel free to suggest resources and services that may be useful to your student. At the same time, encourage your student to seek assistance directly. Your student's success depends on learning how to advocate for themselves. Remember to offer praise and positive reinforcement regularly.

TIPS TO REMIND YOUR STUDENT

1. Encourage your student to always go to class.
2. Suggest using a day planner or calendar on their phone or computer.
3. Recommend attending study groups or seeking tutoring services.
4. Remind your student that they can visit instructors during office hours or talk to them before or after class.
5. Discourage your student from cramming for exams or mid-terms.
6. Recommend your student visit the Academic Success Center in Waldo Hall to learn about academic support available.

FREQUENTLY ASKED QUESTIONS

How often should my student meet with their academic advisor? When should they schedule meetings?
All colleges require students in their first year to meet every term with an advisor. After the first year, requirements look different depending on the student’s college or program. However, it’s best that students meet with their advisors often to stay on track with their academic goals, find answers to their questions and learn about resources to help them succeed in their classes.

What if my student wants to change majors?
To change or declare a major or minor, students must complete a Major/Minor Change Form, available at your student’s college/program advising offices, in the registrar’s office and online. Students considering changing a major can talk to their current advisor or one in the University Exploratory Studies Program. Some students may also find it useful to talk to a counselor in the Career Development Center.

Is it OK that my student is undecided?
Yes. It takes many students a while to find an academic major that fits their strengths, professional aspirations, academic interests and personal values. Students who are given the time and freedom to find the right major are often more successful at landing internships and jobs after graduation or going on to graduate school. Encourage your student to meet with an academic advisor in the University Exploratory Studies Program, a counselor in the Career Development Center and/or faculty members who teach or conduct research in subjects your student is interested in. They can give your student a better understanding of various majors and careers and help them find the major that fits them best.
SAFETY

While the Oregon State community and the city of Corvallis are friendly and relatively safe, neither is immune to the realities of the world. Every student must take responsibility and recognize their own vulnerability to crime, reducing risks through preventive action and cooperation with Oregon State Police and the Department of Public Safety. In accordance with the national Clery Act, a comprehensive annual campus crime report can be viewed at: fa.oregonstate.edu/publicsafety.

OSU Alert is a system that allows public safety officials to create and send emergency alerts as text messages, phone messages, and emails. A student’s OSU email is automatically added, but they can go to oregonstate.edu/alerts and log into the alert portal to add cell phone numbers including yours.

CONTACTS

DEPARTMENT OF PUBLIC SAFETY/OREGON STATE POLICE
541-737-3010 (non-emergency) | 541-737-7000 (emergency)

SAFERIDE SHUTTLE SERVICE
541-737-2252 (office) | 541-737-5000 (shuttle)

SURVIVOR ADVOCACY AND RESOURCE CENTER
541-737-2030

CORVALLIS POLICE DEPARTMENT
911 (emergency) | 541-766-6924 (non-emergency)

OSU ALERT

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Always travel with a friend at night.

OSU Alert: Never compromise safety for a roommate who wants the door left unlocked.

Share class, social and recreation schedules with your family and close friends.

OSU Alert: Replace locks when a key is lost or stolen. Do not loan out room keys or apartment keys to visitors.

Always travel with a friend at night.

Share class, social and recreation schedules with your family and close friends.

Always travel with a friend at night.

Check with your homeowner’s insurance to ensure your student’s belongings are covered.

Try to verify online identity before accepting social media friend requests.

OSU Alert: Never compromise safety for a roommate who wants the door left unlocked.

SafeRide Shuttle: Use the SafeRide Shuttle for safe transportation around campus and some off campus locations after dark.

CORVALLIS POLICE DEPARTMENT
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REMEMBER:

Never compromise safety for a roommate who wants the door left unlocked.

Share class, social and recreation schedules with your family and close friends.

Always travel with a friend at night.

Check with your homeowner’s insurance to ensure your student’s belongings are covered.

Record serial numbers for high-value items, including bikes, computers, phones, tablets and gaming equipment.

Register your bike and/or laptop with the Department of Public Safety at Cascade Hall.

Use the SafeRide Shuttle for safe transportation around campus and some off campus locations after dark.

Report suspicious activities to the Oregon State Police/Department of Public Safety.

Use the blue light emergency phones located throughout campus to report any suspicious behavior, crime or request for assistance. Simply press the red button and police/public safety will respond immediately.

OSU ALERT:

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OSU ALERT:
An active mind needs a healthy body, so encourage your student to find ways of relieving stress, keeping active and staying healthy. Suggest taking a fitness class, getting a massage at Dixon Recreation Center or attending the Counseling & Psychological Services (CAPS) Mind Spa.

Charges for Student Health Services are billed to a student’s university account. These include medical clinic, pharmacy, laboratory, X-ray, allergy/asthma, sports medicine, travel clinic, immunizations, acupuncture, massage and chiropractic, as well as treatment supplies and diagnosis. Physical therapy, athletic training and nutrition consultations are available at SHS@ Dixon located in Dixon Recreation Center.

Health services can often be reimbursed by the student’s health insurance plan. Although we strongly recommend that every student be insured, health insurance coverage is not required for a student to use SHS. Health promotion services for students, including smoking cessation, nutrition consultation and health coaching are offered free of charge.

The university’s health fee, which is part of every student’s tuition and fees, provides students with access to Student Health Services and resources, including:

- Unlimited visits with SHS physicians, nurse practitioners and physicians.
- After-hours nurse advice by phone: 541-737-WELL (9355)
- Out-of-area phone access: 877-824-WELL (9355)
- Optional purchase of health insurance: 541-737-7568
- Unlimited free nutrition consultations with a registered dietitian per academic year.
- Health promotion outreach programming and events: 541-737-2775
- Self-care assessment without an appointment through the online Self-Care Guide.

CONTACTS

STUDENT HEALTH SERVICES (SHS)
541-737-9355, studenthealth.oregonstate.edu

COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)
541-737-2131, counseling.oregonstate.edu

DEPARTMENT OF RECREATIONAL SPORTS
541-737-3736, recsports.oregonstate.edu
FINANCIAL INFORMATION

Your student’s new freedom will also require new responsibilities, including managing their finances. Talk with your student about these responsibilities often. Having a bank account or credit card may be a completely new experience for your student, so it’s important to have a conversation about budgeting, managing expenses, spending habits and paying for their education.

OREGON STATE UNIVERSITY BILLING INFORMATION
Oregon does not mail university bills home; they are sent via email to your student’s OSU email. If you would like to receive a copy of the bill and would like the ability to make payments, your student can add you as an authorized user. Payment is due upon receipt. Unpaid charges accrue 1 percent monthly interest (12 percent APR). Bills are sent monthly to the email and it is always important to check them, as sometimes charges for printing or other miscellaneous charges may have been placed on the account throughout the month.

CONTACTS

OFFICE OF FINANCIAL AID AND SCHOLARSHIPS
541-737-2241, financialaid.oregonstate.edu

OFFICE OF SCHOLARSHIPS:
541-737-2241, scholarships.oregonstate.edu

STUDENT ACCOUNTS
541-737-3775, fa.oregonstate.edu/business-affairs

FINANCIAL AID FROM THE U.S. DEPARTMENT OF EDUCATION
541-737-3736, recsports.oregonstate.edu

THE OREGON STUDENT ASSISTANCE COMMISSION
oregonstudentaid.gov

FREE APPLICATION FOR STUDENT FINANCIAL AID:
fafsa.ed.gov

TIPS TO REMIND YOUR STUDENT

- Establish a budget and financial expectations together.
- Maximize all available sources of funding.
- Resist the temptation to tie money to grades.
- Have your student open and learn how to manage a bank account, including responsible use of ATM/debit cards.
- Follow all procedures and timetables set by the Office of Financial Aid and the Office of Scholarships.
- Discourage your student from accepting credit card offers they may receive.

If your student feels able to handle the responsibilities of school and work, encourage them to work part-time (no more than 20 hours per week for a full-time student).

Students can find an updated list of on-campus job opportunities at jobs.oregonstate.edu. Off-campus jobs are listed through the Career Development Center at career.oregonstate.edu.
ON-CAMPUS EMPLOYMENT

Finding employment both while attending school and after graduation is an important concern for both students and their families. Oregon State’s Career Development Center has many resources to help. We recommend that full-time students work no more than 20 hours per week while taking classes. This is particularly important for new students who are also dealing with the transition to Oregon State.

WHERE CAN STUDENTS FIND OUT ABOUT AVAILABLE JOBS?

Students can use jobs.oregonstate.edu for on-campus employment or access Handshake through the Career Development Center’s website for off-campus positions. Students can visit the Career Development Center in A110 Kerr Administration Building to seek additional help with developing a résumé, cover letter and/or job interview skills.

WHAT IS A WORK-STUDY JOB?

Work-study is based on financial eligibility. The federal work-study program allows students to work at an hourly rate to earn the total federal work-study amount granted through their financial aid award. Students receive a monthly paycheck for the hours worked. Employers on campus receive a subsidy that helps create job opportunities. If your student is eligible for work-study, it will be listed as part of their financial aid award letter.

HOW DOES OREGON STATE HELP STUDENTS FIND INTERNSHIPS AND JOBS AFTER GRADUATION?

The Career Development Center (CDC) helps students plan for their future and develop skills needed for a successful job or internship search. The CDC offers workshops on résumé preparation, cover letters, interviewing and job search strategies, along with cooperative and internship job opportunities. Each year, more than 400 employers come to campus to interview students for full-time employment and internship opportunities — more than any other school in Oregon.

The CDC provides career decision-making guidance and planning through individual appointments with advisors. Encourage your student to visit the CDC early and often; waiting until their final term to begin job/internship preparation usually makes the process more difficult.

TIPS TO DISCUSS WITH YOUR STUDENT

- Support your student’s exploration of potential jobs and career fields.
- Encourage your student to pursue experiences outside of the classroom to help in their exploration, including volunteering, undergraduate research, clubs or organizations.
- Give your student time to map out their career path.
- Remain open if your student decides to explore or major in something other than what you wanted for them.
Your student’s OSU experience may begin in the classroom, but their involvement outside of the classroom can be just as influential in creating a positive OSU experience. Experience.oregonstate.edu is considered their go-to spot for resources, information and opportunities. Whether they want to get involved on campus, serve their community or improve their well-being, they’re in the right place.

CAN STUDENTS BALANCE ACADEMIC AND SOCIAL ACTIVITIES?

Becoming involved in campus activities tends to improve a student’s college experience. Not only do the activities provide opportunities to meet people with similar interests, they also help students apply what they have learned in the classroom to real-life situations and improve time management. A healthy balance of study and co-curricular activity can add a rewarding dimension to the college experience.

STUDENT EXPERIENCE & ENGAGEMENT

Students should also consult with faculty and academic advisors to learn about internship opportunities in their areas of interest.

SPIRITUAL AND RELIGIOUS OPPORTUNITIES

Oregon State recognizes the needs and rights of students to examine and affirm a personal religious faith or life philosophy as an important component in their development. There are more than 25 recognized student groups on campus to support students’ growth in these areas, along with a wide variety of community organizations.

UNDERGRADUATE RESEARCH

OSU is Oregon’s leading public research university with thousands of research projects going on annually. Undergraduate students are encouraged to participate in research to gain hands-on experience, develop critical thinking and problem-solving skills, stimulate intellectual curiosity and deepen relationships with faculty in their fields of study. To learn more about the benefits of research and how your student can get involved, visit undergraduate.oregonstate.edu/research.

STUDY ABROAD AND INTERNATIONAL INTERNSHIPS

Oregon State’s Office of Global Opportunities (OSU GO) offers more than 200 different approved study abroad opportunities and international internships. Scholarships are available to help students pay for their time abroad. Students can study abroad for anywhere from a few weeks to an entire academic year while earning Oregon State course credits and making progress toward academic degrees. Studying abroad gives students a global perspective and increased cultural competence, both of which are highly valued in today’s workforce. To learn more, visit international.oregonstate.edu.

EXPERIENTIAL LEARNING

Oregon State University offers many different ways for students to expand their learning beyond the college classroom. Learning by doing is a highly effective way to develop or confirm interest for a particular area of study, gain valuable skills for future jobs and careers, network with people in a chosen industry, challenge themselves and personalize their education. Encourage your student to explore the various experiential opportunities available to them at Oregon State. They can get involved with world-class research, study abroad in one of more than 35 different countries, participate in service learning and civic engagement projects, and/or complete internships with local, national and global companies.

IN Volvement OPPORTUNITIES AT OREGON STATE:

- Associated Students of Oregon State University (ASOSU)
- Residence Hall Council
- 390+ student organizations
- Student employment
- OSU Program Council
- Volunteer and service learning
- Intramural and club sports
- Diversity & Cultural Engagement
- Five cultural centers and two resource centers
- And much more!

OTHER EXPERIENTIAL LEARNING OPTIONS TO EXPLORE:

Service Learning and Civic Engagement
sli.oregonstate.edu/cce

Adventure Leadership Institute
recsports.oregonstate.edu/ali

Orange Media Network (newspaper, radio, TV)
sli.oregonstate.edu/omn

Student Leadership and Development
sli.oregonstate.edu/ld

Internships
career.oregonstate.edu
SIGN UP FOR THE PARENT & FAMILY FIRST-YEAR E-NEWSLETTER

This is a bi-weekly e-newsletter that lets parents and family members know what is going on around campus, things your student may be experiencing and helpful tips on supporting them throughout their first year. You can find sign-up information at: newstudents.oregonstate.edu/parents-family

CHECK OUT THE PARENT & FAMILY WEBSITE

Information found on this website is meant to be helpful and guide you in supporting your student and their success. We believe the more informed you are about OSU, the better of a resource you can be for your students. You can find our new website at: families.oregonstate.edu

SAVE THE DATES

FALL FAMILY WEEKEND
NOVEMBER 2-4, 2018

SPRING FAMILY WEEKEND
MAY 3-5, 2019